

Mentorship Diary



Dr. Vithalrao Vikhe Patil Foundation's

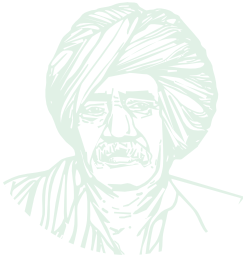
Medical College and Hospital

Opposite: Govt. Milk Dairy, Post – M.I.D.C.,
Vadgaon Gupta, Ahmednagar – 414 111

 principal_medical@vims.edu.in

 www.vims.edu.in





> OUR INSPIRATION



LATE DR. VITHALRAO VIKHE PATIL

Padmshree Awardee

OUR INSPIRATION

> OUR FOUNDER



DR. EKNATHRAO ALIAS BALASAHEB VIKHE PATIL

Padmabhushan - Awardee

OUR FOUNDER

*"Mentoring is a brain to pick, an ear to listen,
and a push in the right direction."*

- John Crosby

➤ OUR PATRONS



Hon'ble Shri. Radhakrishna Vikhe Patil

Chairman - DVVP Foundation, Ahmednagar.



Hon'ble Sau. Shalinitai R. Vikhe Patil

Trustee, DVVP Foundation, Ahmednagar



Hon'ble Shri. Dr. Sujay Vikhe Patil

Chief Executive Officer- DVVP Foundation, Ahmednagar.



Lt. Gen. Dr. B. Sadananda (Retd.)

Secretary General,
DVVP Foundation, Ahmednagar



Dr. Abhijit Diwate

Dy. Director,
DVVPF's Medical College & Hospital, Ahmednagar.

PATRONS

"A mentor is someone who allows you to see the hope inside yourself."

- Oprah Winfrey

College & Hospital:

➤ Vision:

"To achieve 'Global Excellence' in experiential and technology driven medical education, transformative research, patients centered clinical care, promotional and preventive health care services, through creative medical professionals, leading to national and global development."

➤ Mission:

- To create a new genere of doctors with quality medical knowledge, highest levels of skill and competence, committed to excellence, guided by professional ethics, moral and social values, ready to serve and lead the world for better tomorrow.
- To provide excellent and comprehensive medical education and hands-on training to undergraduate and postgraduate students for advancement of medical knowledge, skills, competences and research, in order to make significant contribution to the health standards of all the citizen of our nation and across the globe.
- To extend and share the knowledge acquired and new knowledge generated for the development of the society in health management, through collaborative research, extension and outreach activities.
- To provide primary, secondary, tertiary and super specialty health care and service of global standards to the needy population, especially the rural and marginalized sections of society.
- To promote the highest standards of quality and ethical values among the students and staff in patient care, medical education, training and research, leading to excellent performance in diverse professional and cultural settings of our country.
- The promote integrated sustainable development, environmental conservation, protection and preservation of culture, heritage, fundamental duties, human rights, gender sensitization, tolerance, harmony and national integrity among all the stake holders towards a humane society.

Mentorship:

➤ Goal:

“To prepare our students for successful careers in medical sector by integrating academic learning with real-world experiences and to become a role model for workforce readiness, embraced by the diverse and marginalized community.”

➤ Objectives:

1. To develop open and trusting relationship of accountability and responsibility between mentor and mentee.
2. To help mentee to set realistic goals based on the information he has shared and knowledge gained.
3. To focus on skill development in mentee in order to develop him or her, add value to the organization and progress on his or her path.
4. To solve the curricular, co-curricular and extracurricular obstacles along with financial problems of mentee.
5. To help the mentee to develop cognitive skills in order to strengthen the mental process of discovering, analysing and solving problems to overcome obstacles.

MENTORSHIP GOAL & OBJECTIVE

“Our chief want in life is somebody who will make us do what we can”

- Ralph Waldo Emerson

➤ Mentor:

Historically significant systems of mentorship include the guru-disciple tradition practiced in Hinduism and Buddhism, Elders, the discipleship system practiced by Rabbinical Judaism and the Christian church and apprenticing under the medieval guild system.

The word, **Mentor** itself was inspired by the character of Mentor in Homer's *Odyssey*.

Mentor was the son of Alcimus in the *Odyssey*. In his old age Mentor was a friend of Odysseus who placed him and Odysseus' foster-brother Eumaeus in charge of his son Telemachus, and of Odysseus' palace, when Odysseus left for the Trojan War.

When Athena visited Telemachus she took the disguise of Mentor to hide herself from the suitors of Telemachus's mother Penelope. As Mentor, the goddess encouraged Telemachus to stand up against the suitors and go abroad to find out what happened to his father. When Odysseus returned to Ithaca, Athena appeared briefly in the form of Mentor again at Odysseus' palace.

Athena's appearance as Mentor should not be confused with her appearance as *Mentes* in the first book of the *Odyssey*.

Mentor as term- Because of Mentor's relationship with Telemachus, and the disguised Athena's encouragement and practical plans for dealing with personal dilemmas, the personal name Mentor has been adopted in Latin and other languages, including English, as a term meaning someone who imparts wisdom to and shares knowledge with a less-experienced colleague.

The first recorded modern usage of the term can be traced to a 1699 book entitled *Les Aventures de Télémaque*, by the French writer François Fénelon. In the book the lead character is that of Mentor.

(Source- from Wikipedia, the free encyclopedia, [https://en.wikipedia.org/wiki/Mentor_\(Odyssey\)](https://en.wikipedia.org/wiki/Mentor_(Odyssey)))



MENTOR

"Tell me and I forget, teach me and I may remember, involve me and I learn."

- Benjamin Franklin

MENTORSHIP PROGRAMME

Photograph

Name of Student First Name Middle Name Last Name

Birth Date- / / Gender (Please Tick ✓) ☐ Male ☐ Female

Blood Group- Admission Year- Roll No-

Email id Mobile Number

Address for
correspondenceHobbies

Name of Father First Name Middle Name Last Name

Education- Profession

Email id Mobile Number

Address for
correspondence

Name of Mother First Name Middle Name Last Name

Education- Profession

Email id Mobile Number

Address for
correspondence

Name of Local Guardian First Name Middle Name Last Name

Email id Mobile Number

Address for
correspondence

Continued..

*"The best way a mentor can prepare another leader is to expose
him or her to other great people.*

- John C. Maxwell

MENTORSHIP PROGRAMME

Name of Mentor

First Name

Middle Name

Last Name

Mobile Number

Date:- ____/____/____

Place:_____

Sign of Mentor: _____

Name of Mentorship Coordinator

(_____)

Sign of Mentorship Coordinator

Principal / Dean

(_____)

Sign of Principal / Dean

For office use

“You know, you do need mentors, but in the end, you really just need to believe in yourself”

- Diana Ross

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Principal/Dean
Date:-

Sign of Mentorship Coordinator
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Principal/Dean
Date:-

Sign of Mentorship Coordinator
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

PARENTS/ LOCAL GUARDIANS VISIT

Year: _____

Date	Name of Parent / Local Guardian	Discussion	Remarks	Sign of Parent/ Local Guardian	Sign of Mentor

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

PARENTS/ LOCAL GUARDIANS VISIT

Year: _____

Date	Name of Parent / Local Guardian	Discussion	Remarks	Sign of Parent/ Local Guardian	Sign of Mentor

Sign of Mentorship Coordinator

Date:-

Sign of Principal/Dean

Date:-

*"The delicate balance of mentoring someone is not creating them in your own image,
but giving them the opportunity to create themselves"*

– Steven Spielberg

PARENT –TEACHER MEET

Date	Name of Parent	Discussion	Remarks	Sign of Parent	Sign of Mentor
First Semester / /					
Second Semester / /					

Sign of Principal/Dean
Date:-

Sign of Mentorship Coordinator
Date:-

FIRST M.B.B.S. UNIVERSITY EXAM RESULT

Year-_____

Subjects	Marks obtained	Total Marks
Anatomy		
Physiology		
Biochemistry		
Total		%

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

"Mentoring is about listening to people, helping them go over what the issues are and how to clarify ways to deal with any problems that may arise"

-Mildred Dresselhaus

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Principal/Dean
Date:-

Sign of Mentorship Coordinator
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Principal/Dean
Date:-

Sign of Mentorship Coordinator
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

PARENTS/ LOCAL GUARDIANS VISIT

Year: _____

Date	Name of Parent / Local Guardian	Discussion	Remarks	Sign of Parent/ Local Guardian	Sign of Mentor

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

PARENTS/ LOCAL GUARDIANS VISIT

Year: _____

Date	Name of Parent / Local Guardian	Discussion	Remarks	Sign of Parent/ Local Guardian	Sign of Mentor

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

PARENT –TEACHER MEET

Date	Name of Parent	Discussion	Remarks	Sign of Parent	Sign of Mentor
First Semester / /					
Second Semester / /					

Sign of Principal/Dean
Date:-

Sign of Mentorship Coordinator
Date:-

SECOND M.B.B.S. UNIVERSITY EXAM RESULT

Year-_____

Subjects	Marks obtained	Total Marks
Pathology		
Pharmacology		
Microbiology		
Forensic Medicine And Toxicology		
Total		%

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

*“A mentor empowers a person to see a possible future, and believe
it can be obtained”*

– Shawn Hitchcock

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

PARENTS/ LOCAL GUARDIANS VISIT

Year: _____

Date	Name of Parent / Local Guardian	Discussion	Remarks	Sign of Parent/ Local Guardian	Sign of Mentor

Sign of Principal/Dean
Date:-

Sign of Mentorship Coordinator
Date:-

PARENTS/ LOCAL GUARDIANS VISIT

Year: _____

Date	Name of Parent / Local Guardian	Discussion	Remarks	Sign of Parent/ Local Guardian	Sign of Mentor

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

Date	Name of Parent	Discussion	Remarks	Sign of Parent	Sign of Mentor
First Semester / /					
Second Semester / /					

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

THIRD (MINOR) M.B.B.S. UNIVERSITY EXAM RESULT

Year-_____

Subjects	Marks obtained	Total Marks
Ophthalmology		
ENT		
Community Medicine		
Total		%

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

*"A lot of people have gone further than they thought they could because
someone else thought they could"*

- Zig Ziglar

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

MONTHLY MENTOR-MENTEE MEETING

Year: _____

Date	Performance	Attendance	Any Other Issue	Action Taken On Previous Issues	Remark	Students Signature	Mentors Signature

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

PARENTS/ LOCAL GUARDIANS VISIT

Year: _____

Date	Name of Parent / Local Guardian	Discussion	Remarks	Sign of Parent/ Local Guardian	Sign of Mentor

Sign of Principal/Dean
Date:-

Sign of Mentorship Coordinator
Date:-

PARENTS/ LOCAL GUARDIANS VISIT

Year: _____

Date	Name of Parent / Local Guardian	Discussion	Remarks	Sign of Parent/ Local Guardian	Sign of Mentor

Sign of Mentorship Coordinator

Date:-

Sign of Principal/Dean

Date:-

*"What I think the mentor gets is the great satisfaction of helping somebody along,
helping somebody take advantage of an opportunity that maybe he or she did not have"*

- Clint Eastwood

PARENT –TEACHER MEET

Date	Name of Parent	Discussion	Remarks	Sign of Parent	Sign of Mentor
First Semester / /					
Second Semester / /					

Sign of Principal/Dean
Date:-

Sign of Mentorship Coordinator
Date:-

THIRD (MAJOR) M.B.B.S. UNIVERSITY EXAM RESULT

Year-_____

Subjects	Marks obtained	Total Marks
General Medicine		
General Surgery		
Ob / Gynac		
Paediatrics		
Total		%

Sign of Mentorship Coordinator
Date:-

Sign of Principal/Dean
Date:-

"To be a mentor you need to understand what's going on in a young person's life and you just want to have an internal dialogue that says, 'How can I help? Because I really care'"

- Deepak Chopra

IMPORTANT NOTE

"We all carry the seeds of greatness within us, but we need an image as a point of focus in order that they may sprout."

- Epictetus

➤ Curricular/Co-Curricular /Extracurricular Activities

- ✦ N.S.S. Unit
- ✦ Medical education unit
- ✦ Research cell
- ✦ Academic cell
- ✦ Social cell
- ✦ Nature's club
- ✦ Sports club
- ✦ Cultural club
- ✦ VIMS wall magazine
- ✦ VIMS Health Science Journal
- ✦ VIMS Alumni

ACTIVITIES

"Mentoring is a mutuality that requires more than meeting the right teacher: the teacher must meet the right student"

- Parker J. Palmer

➤ Moto of Foundation

It is not
APTITUDE
but
ATTITUDE
that decide ones
ALTITUDE

OUR MOTO

"My mentor said, 'Let's go do it,' not 'You go do it'"
- Jim Rohn

Mentorship Diary



Dr. Vithalrao Vikhe Patil Foundation's Medical College and Hospital

☎ 0241 – 2778042, 2777059, 2779757

✉ principal_medical@vims.edu.in



Sudhraj Arts 9890671716

📍 Dr. Vithalrao Vikhe Patil Foundation's Medical College and Hospital,
Opposite: Govt. Milk Dairy, Post – M.I.D.C., Vadgaon Gupta, Ahmednagar – 414 111

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